

Feelings and Emotions Memory Game

This fun, interactive game, will help your child learn new vocabulary and practice identifying emotions and physical reactions. We all have different emotions and that is perfectly okay. This helps normalize the different emotions and introduces them to other emotions besides happy and sad.

The rules are pretty simple: shuffle the cards and lay them face down on the table. The first player turn two cards. If they match, the player keeps them and continues playing. If they don't match, the player turns them face down again and it's the second player's turn.

Print each page and cut the cards or draw your own at home!



Angry



Silly



Nervous



Happy



Proud



Sick



Worried



Grumpy



Scared



Hurt



Excited



Confused



Surprised



Sad



Embarrassed



Shy



Confused



Bored