

Mommy Comes Back

I love my mommy so much!  
Mommy is always here to help me and have fun with me.  
I love being with mommy.



Sometimes mommy has to leave.  
When mommy leaves, sometimes I feel sad.



It is okay to feel sad.  
Here are some things I can do to feel better:



Draw mommy a  
picture



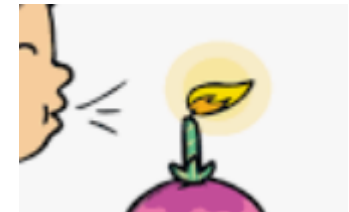
Cuddle and squeeze  
my special stuffy



Ask to call or  
Message mommy



Ask for a hug



I can take deep breaths by smelling the  
flowers and blowing out the candle

Mommy will always be there for me,  
even when she has to leave.



I will be so happy to see her when she gets back and she will be so happy to see me!



I love my mommy and I know what I can do if I feel sad when she leaves. I know that she will come back and I will get to have fun with her again.





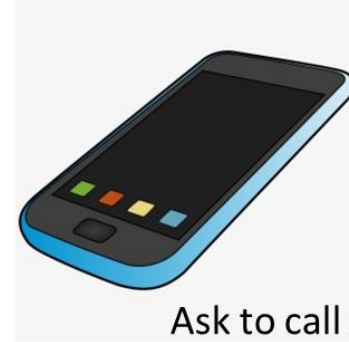
# When I feel Sad I can:



Draw mommy a picture



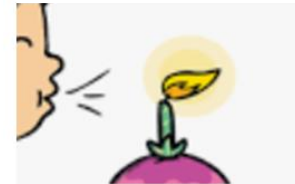
Cuddle and squeeze my special stuffy



Ask to call or Message mommy



Ask for a hug



can take deep breaths by smelling the flowers and blowing out the candle