

0	Bear Walks	Clap Out Patterns	Sensory Ball Games	Bicycle Kicks
0	Crab Walks	Near or Far Sounds	Texture Guessing	Tummy Time
0	Worm Crawls	Soft or Loud	Sandpaper letters	Crawling
0	Frog Jumps	High or Low	Hand Fidgets	Obstacle Course
0	Kangaroo Jumps	Rhyming Words	Slimes	Push ups
0	Wall Push-ups	Sorting Shapes	Rice Sensory Bins	Simon Says
0	Desk Push-ups	Light Bright	Flour Play	Hokey Pokey
0	Hand Squeezes	Light Bricks	Shaving Cream	Ball Toss
0	Planks	Shadow Puppets	Playdough	Body Measure
0	Box Races	Puzzles	Sensory Doughs	Hide & Seek
0	Spins	Hidden Pictures	Q-tip Painting	Relay Races
(3)	Jumping Jacks	I-Spy Bottles	Cotton Ball Games	Body Shapes
0	Summersaults	Memory Games	Tweezer Play	Bean Bags
0	Arm Spins	Mazes	String Beads	Squoosh Box
0	Freeze Dance	Look and Finds	Hole Punch	Head, Shoulders, Knees & Toes
0	Upside Down Toss	Blow Bubbles	Tracing	Deep Breathes
0	Bouncing	Bubble Gum Contest	Oropper Art	Square Breathes
0	Hopscotch	Straw races	Toothpicks in Clay	Monster Faces
0	Swinging	Blow Painting	Clothespin Games	Squeeze Balls
0	Cartwheels	Blow Cotton Balls	Write in Sand Trays	Count Backwards
0	Animal Sounds	Feather Blowing	Sit-ups	Calm Down Jar
0	Calming Music	Whistling	Squats	Pinwheels
0	Maraca Shakes	Milkshakes	Crunches	Blow Balloons
0	Quiet Time	Crunchy Snacks	Superman	Scent Guess
0	Guess that Song	Play the Recorder	Standing One Leg	Flower Guess
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