

When You Have to Say Goodbye



Going to School



Sometimes we have to say goodbye
to people, even when we don't
want to.



Soon, I will be going to school and I
will have to say goodbye to my
family.



I might feel sad, mad or scared that I will miss my mom, dad, grandma or grandpa when I go to school.

It is okay to feel sad, mad or scared
about saying goodbye.



When I get dropped off at school,
I can give them a quick tight hug, a
kiss or a special high five and wave
goodbye.



I will have fun at school even if I
miss my family.



My family loves me and they will come back to get me when school is done. I will give them a big hug and tell them all about my day when I see them after school.