Losing Someone I love



Sometimes, someone I love might get sick and might have to stay in a hospital for a long time.



The doctors and nurses will do everything they can to help them. But sometimes, they can't help them get better.



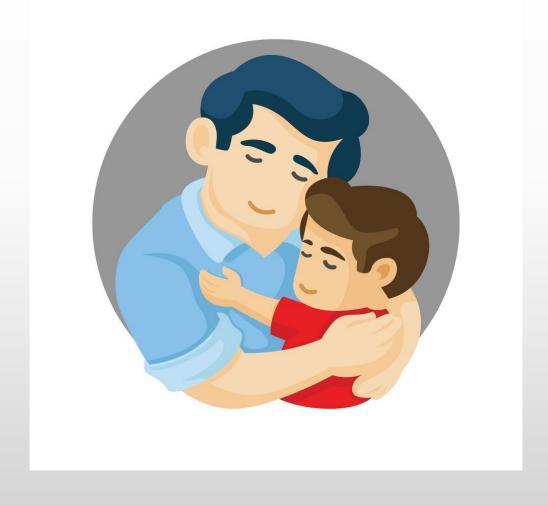
Someone I love might die.
This might make me feel very sad.
I might feel angry or lonely too.
It is OK to feel like this.



I might feel like crying. That is OK too. Tears let out my sad feelings. It is OK if I need to cry.



My family may also cry. That is OK. Everyone might need lots of hugs.



When I'm missing my loved one, I can talk to my family about how I'm feeling and remember all the things we did together.



Even if I can't see my loved one anymore, I still love them and I can remember how much they loved me too. They will always be in my heart.

